

# TONY ROBBINS' NEW YEAR, NEW VIEW



YOUR GOALS & ACTION  
STEPS FOR SUCCESS IN 2020

This simple, 3 part process will not only get you started but help you create the momentum to follow through to success in each of the 7 key areas of your life!

1. Gain clarity about where you've been
2. Look at your life now and what you can improve
3. Draw up and schedule your Action Plan

It will help you will gain clarity about where you've been, where you are now, and where you want to go. It will also help you create a simple plan to set up your new year so that it truly compels, excites, and drives you.

## 1. HEALTH & VITALITY

The power and energy of a healthy, balanced body

AFTER LOOKING BACK, WHAT WOULD YOU CHANGE?

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**LOOKING FORWARD, WHAT NEW GOALS HAVE YOU SET  
FOR YOURSELF?**

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**WHAT ACTION STEPS ARE YOU COMMITTED TO FOR  
ACHIEVING THEM?**

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## **2. MIND & MEANING**

Emotional mastery to control how you experience life

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### 3. LOVE & RELATIONSHIPS

Creating a long-lasting, passionate connection with another person

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## 4. PRODUCTIVITY & PERFORMANCE

Doing more in less time, maximising personal output every day

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## 5. CAREER & BUSINESS

Professional achievement and fulfilment

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## 6. WEALTH & LIFESTYLE

Building personal wealth and living a life of abundance

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WHAT ACTION STEPS ARE YOU COMMITTED TO FOR ACHIEVING THEM?

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## 7. LEADERSHIP & IMPACT

Creating real, lasting, positive change in others and in the world  
Even the most famous philanthropists and most respected global leaders in politics and business can feel like there is a big gap

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## WHAT ACTION STEPS ARE YOU COMMITTED TO FOR ACHIEVING THEM?

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Once you've identified your goals, and the Action Plan you know you need to follow - lock it in place by following this schedule:

- Set a deadline for each personal goal
- Chart your progress /Log your milestones and
- Celebrate every achievement!

*“Remember, what’s talked about is a dream, what’s envisioned is exciting,  
what’s planned is possible, but what’s scheduled is REAL.”*

Tony Robbins